

Your *Mind-Body* Connection

YOUR LIFE LINE

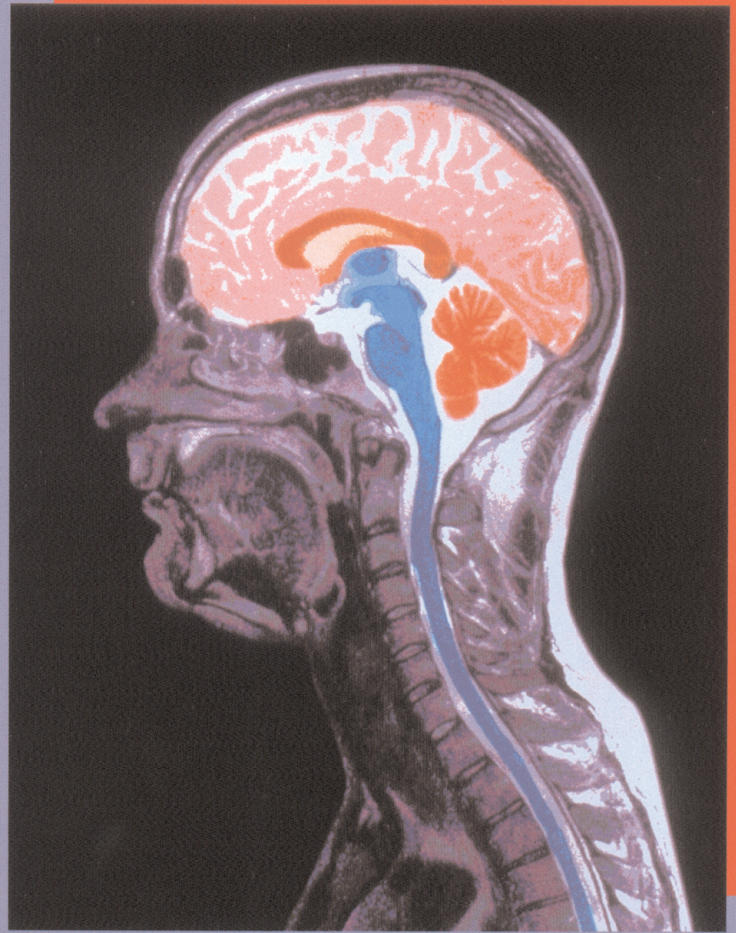
The mind-body connection is at the core of the wellness movement in society today. Understanding how this system functions and maintains its integrity will help you and your family be as healthy as possible.

Your brain communicates with every cell, tissue, and organ of your body either directly or indirectly through your nerve system. Unfortunately, we don't appreciate the importance and impact of this system on our overall health until we hear of the tragedies of paralyzed people who sustain serious injuries to their spines. Not only do they lose function of their limbs, but their organs and systems malfunction also, causing all manner of disease.

Spinal injuries, known as subluxations, while not as serious as these paralytic injuries initially, can cause severe long term health consequences.

Chiropractic care will help you ensure the integrity of this vital system, your mind-body connection, so you and your family can live and enjoy life to its fullest.

While there are no guarantees that you and your family will never be sick or injured while under chiropractic care, you can be sure that with proper alignment and function of your spine and nervous system you will give yourself and your family the best opportunity to heal quickly and be as healthy as possible. Chiropractic is safe, gentle and effective, and most people, regardless of their age, look forward to, enjoy and value their chiropractic care.



Your Health, Your Healing.... Your Responsibility!

Whose responsibility is it to keep you and your family healthy? The answer obviously lies within you. Sadly, hospitals and nursing homes are filled with too many people who wait until they are very sick before they begin managing their health effectively. If you or your family have been challenged with pain, sickness, or "dis-ease", there is no better time than now to begin your chiropractic journey. If you have been blessed with a symptom-free and disease-free life up until now and want to continue getting the most out of life, chiropractic is the perfect health decision for you and your family. Make your health a priority with chiropractic and see why millions of people have made chiropractors their family's primary holistic health care provider.

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